Rudolph Hess
and the 'Secret of Secrets'
COSMIC AWARENESS is the Force that expressed itself through Jesus of Nazareth, the Buddhas, Krishna, Mohammed, Edgar Cayce and other great avatars who served as 'Channels' for the 'Heavenly Father' and who speaks again today as the world begins to enter the 'New Age' of spiritual consciousness and awareness. Since 1968 Cosmic Awareness has been communicating through carefully-trained channels. The information contained herein was received from deep super-conscious ' trance' levels and 'interpreted' by an entity affiliated with C.A.C. This information is for those who desire to help bring in the New Age. Throughout the thousands of 'readings' given through these various channels, Cosmic Awareness tells us not to believe anything, but to question, explore, doubt, and discover for yourself, through your own channel, what is the truth. Cosmic Awareness will only 'indicate' and 'suggest'. Neither C.A.C. or any of the interpreters is responsible for anything Cosmic Awareness states in any of these readings, nor does C.A.C. or the interpreters necessarily agree with the statements of Cosmic Awareness. The interpreters are merely the agencies as they see them in trance levels and are not personally responsible for what is said. The Interpreters published herein have no connection with, nor control over the editorial content and material, including illustrations. This is entirely the responsibility of the editor. Members of C.A.C. are invited to send in questions of general interest to ask Awareness for possible publication in this newsletter. —Paul Shockley, Interpreter

WHAT DOES RUDOLPH HESS KNOW THAT THE AUTHORITIES DON'T WANT
THE PUBLIC TO KNOW ABOUT?

( DOES NORMA COX KNOW THE SECRET?)

QUESTION:
There is a series of manuscripts put out by an entity named Norma Cox, from Marshall, Arkansas, called Secrets. There's some pretty far-out information in these writings. She writes that she wasn't able to advertise this information, even in magazines or newspapers like Liberty Lobby's Spotlight, because of the nature of the material. It's a long series of mimeographed channelings that cover the Illuminati, the entities in the middle earth, and an awfully lot of what Awareness has given in bits and pieces. This entity has sort of put it all together in a condensed version, and I'd like to read one excerpt here in reference to the entity Rudolph Hess, the right-hand man of Adolf Hitler, and ask Awareness to comment on this.

"Rudolph Hess, his thoughts engrossed on the literature on space travel which he pursues; the walls of his cell are covered with charts of the moon. An occultist of the first water, Rudolph Hess, who was a member of the Thule cult, was as much in the know regarding the underground world, as Hitler himself. In all probability, his impetuous and mysterious flight to Scotland in 1941 was connected with this greatest of all secrets. After 40 years of solitary confinement in an old fortress prison in Germany, in which he has been the only inmate absolved of war crimes by the Nuremberg trials, and now frail and old, it would seem senseless and needlessly cruel to force him to spend the little remaining of his life virtually incommunicado; that is, unless knowing the secrets, you have an inkling of the real reasons why he continues to be heavily and constantly guarded, ever forbidden to give any interviews. Illogical reasons which would explain his impenetrable isolation, except for occasional short visits granted selected members of his family.*

"Could the reason for his interminable incarceration be because of fear that the one-time top deputy of Adolf Hitler, might leak the secrets of the subterranean world, and of the interplanetary travellers who came to earth to participate in the creation of life within earth, celestials as involved now in the affairs of this planet as they were at the time of creation. Perhaps the weight of the secrets of secret societies is too heavy for the sensitive soul of the aged Nazi to bear. Perhaps he feels an irrepressible need to avenge the senseless bombing, the savage killing of the civilians of demilitarized Dresden, and the despicable terms imposed upon a surrendered Germany: her people helpless, homeless and starving, and the unspeakable inhuman treatment of Germany's defeated, but unexcelled warriors. In short, the sadistic treatment of a conquered people, by hypocritical visitors who falsely drenched themselves in the light of humanitarianism.

"Were such a supposition be fact, should what Hess has to tell reach the public, the people of the nations would be stunned by the revelation; there would be chaos, panic, and clamor. From all over, shrill voices would demand more of the truth. The secret of secret societies would be exposed, and the nations would be in turmoil. Coming from Hess, the truth could not be ridiculed into silence, nor could it be locked away in a dark closet, in the hope that a flurry of concocted events would so divert the thoughts of the people that the matter of the secrets would fade away, hopefully into oblivion."

Would Awareness please comment on this lady's remarks?

IN THIS ISSUE

Rudolph Hess's Dark Secret -- Page 2
Does Norma Cox Know? -- Page 2
Why Ralph Doby Used the Golden Dawn Rituals -- Page 3
Golden Dawn Society & the Alien Force -- P. 3-4
Zionists Set Up Nazi Germany -- P. 4
The True Mission of Rudolph Hess -- P. 5
The Hollow Earth -- P. 5
The Light & Dark Illuminati-How They Started -- Page 6
How the Illuminati Inhabits Humans -- P. 7
Atlans and Cyclops on the Island of Malta -- P. 7
How Occult and Astrology Aided Hitler -- P. 8-9
How to Slow Down the Heart for Health -- P. 10
Will Your Horoscope Help You Win Sweepstakes? -- P. 11
Using Psychic Abilities to Win at Gambling -- P. 12
The Pregnant Woman in Revelations -- P. 12
Who is the Hidden Man of the Heart? -- P. 12
Today, Rudolph Hess, now 92 years old, is the sole occupant of Spandau Prison in Germany. He is guarded daily by no less than 90 military guards, represented by the United States, Russia, France and England. Over the years major efforts by humanitarian organizations and others to release this ancient entity to live out his last few years with his family has been denied. At the Nuremberg Tribunal Hess was found completely innocent of any war crimes. The big question is why hasn’t the media during all this time ever demanded the reason as to why this entity has been confined in prison for the rest of his natural life.

COSMIC AWARENESS:

This Awareness indicates that this as being in the affirmative insofar as accuracy is concerned; that the entity does have a deep awareness of the forces behind the Nazi movement in relation to the connection with those of the underground. That the entity as one who, still having such information, could be seen as a threat to the established programs and the concepts which the establishment wishes entities to accept. That indeed, the ‘secret of secrets’ being that of the hollow earth and the inhabitants within; this being a very difficult secret to keep during these modern times wherein so many possibilities of exposure occur; that more and more entities are beginning to find evidence of this, and the secret of secrets will eventually be unveiled.

This Awareness indicates however, that it is the policy of the nations to keep this quiet as long as is possible, so that the great change and events which are planned may occur without entities understanding how or what has happened.

This Awareness indicates that there are plans to bring forth forces from within the center of the earth to appear upon the surface as that which would bring a new millennium and new civilization to the surface people; this however, not to occur until a great catastrophe has struck the surface people. This Awareness indicates these plans are still in effect, and that if the entity Rudolph Hess were released, to talk of what he knew, many feel this entity’s expressions and influence could be detrimental to keeping these plans alive. There are others also who know of these things and, if taken seriously, have the potential of being eliminated. That wherein the communications are limited and the organizations appear to be of a lunatic fringe type; these are not considered as threatening to the overall establishment.

The Bulwer Lytton-Hitler Connection

This Awareness indicates that the entity Adolf Hitler and Rudolph Hess, through Bulwer Lytton, made contact with the subterranean forces, entities of the subterranean areas; the entity Bulwer Lytton as an associate of the Golden Dawn Society, which was also connected to the Rothschild family; that your members can, from these connections, fill in the gaps and understand the basic connections.

WHY DID AWARENESS HAVE RALPH DUBY USE RITUALS OF THE GOLDEN DAWN?

(FOLLOW-UP QUESTION):

Awareness, if the Golden Dawn Society was channeling the Dark Forces and part of this conspiracy, why was it that Awareness channeled through the entity Ralph Duby, rituals for entities to partake in which came directly from the Golden Dawn?

COSMIC AWARENESS:

This Awareness indicates that the rituals from the Golden Dawn were taken from earlier rituals that date back to Atlantis. The information channeled through Ralph Duby in terms of the Development Classes were associated with these Atlantean rituals, rather than the Golden Dawn rituals. However, in many cases, the rituals were in correlation to each other; the major difference being that the rituals channeled by this Awareness through the entity Ralph Duby were for purposes of lifting consciousness to higher levels in order to serve one another and to bring forth that which is love upon this plane. That the rituals in the Golden Dawn Society were designed to raise levels of awareness for purposes of creating powers and controls to be used according to the society’s purposes.

This Awareness indicates this society was not necessarily intended as a Dark Force; it was simply working to explore the occult and hidden forces regardless of what they were, and this society also was seeking to gain power through these activities. That in order for this Awareness to bring about a Light Force upon this plane which could counter the misuse of these energies by Dark Forces in secret and occult schools, this Awareness needed to bring these energies in through rituals which were used for purposes of bringing higher states of consciousness to entities, along with the suggestions and purposes of giving service and doing good for others.

This Awareness indicates that the pursuit of power is never stressed in the Awareness Development Classes, in fact, is listed as one of the areas to avoid. This Awareness indicates however, in the earlier classes of organizations such as the Golden Dawn, there were many who stressed the use of these forces for the pursuit of power.

DID THE GOLDEN DAWN SOCIETY SERVE THE ALIEN FORCE?

QUESTION:

Did themore famous entities of the Golden Dawn like Dion Fortune and Israel Regardie, for example, know and understand that what they were doing was being used by the Alien Force?
COSMIC AWARENESS:

This Awareness indicates that these entities were not encouraging the use of these forces for the Alien Force; also, it has not been indicated by this Awareness that these forces were being used by the Alien Force; that these were forces which were being researched, and some entities involved were using these forces for power, while others were not. This Awareness indicates that the entity Aleister Crowley as one who pursued a fascination of seeking personal gain and power from an exploration of these forces; this entity also sharing what he learned from the efforts. That the entities Butler, Israel Regardie and others of that type, had high motives and intentions of doing good in their pursuit of understanding these forces; that even the Rothschild connection as that which was not intended as a negative association; this being but another fascination in the area of secrets and hidden forces and powers which the Rothschilds wished to explore.

This Awareness indicates that force and influence in themselves are not in error, that having power is not so much in error, depending on whether it is used for good or ill. This Awareness asks that if entities have greater strength, does this make them less good than the entity who is weak? If entities have greater psychic strength, does this make them any less good than those who have little psychic strength? The rituals involved in these areas increased the psychic strength and power; that its use determines whether it is for good or for ill. The stronger entity in attacking the weaker entity is showing a misuse of the physical strength. Similarly, a stronger entity, having greater psychic powers, using this power to subordinate and to create harm or to cause difficulties for others, is misusing the psychic energies.

In the case of many of the entities in the Golden Dawn, these energies were used to help others; in some instances these energies were misused. This Awareness indicates that it is not implying that the Golden Dawn was an Alien Force organization, nor that it was created to serve the Alien Force; that this would be in error. This Awareness indicates that the subterranean forces which the entities Rudolph Hess and Adolf Hitler contacted were not necessarily serving the Alien Force, although there were certain aspects of the events which followed that contact which did serve the Alien Forces.

This Awareness indicates that there also may be understood that some of the activities which appear to be serving the Alien Force, in another framework, through another window—a different frame of reference, may be seen as serving Higher Forces. The knife which cuts into the body may be seen as an Alien Force to the body; yet if it is necessary to remove or to fix an organ that has been damaged, then it may be seen as that which is beneficial to the body.

Rudolph Hess (left) had been an old and trusted friend of Hitler, seen in this 1938 photograph. It was Hess to whom Hitler dictated most of Mein Kampf after they were both sent to prison in 1924. In May of 1941, Hess flew a plane to Scotland and parachuted to within 12 miles of his destination. The plane crashed in a farmer’s field and Hess was captured shortly thereafter.
THE TRUE
MISSION
OF RUDOLPH HESS

(FOLLOW-UP QUESTION):
Awareness, the powers that be have never explained
to the entities in this world, the truth, (if indeed
they knew the truth), about Rudolph Hess’s flight
over Scotland, when he parachuted. Stories came
out that he was insane, others that he came to
negotiate a peace, but nobody really seemed to
know, and they wouldn’t let anybody go to him
and find out. Would Awareness explain what the
true mission of Rudolph Hess flying over Scotland
and parachuting during the early stage of the war
actually was?

COSMIC AWARENESS:
This Awareness indicates that the entity was
attempting to negotiate a peace along certain lines,
and also to make contact with certain entities in
Scotland whom he had previously known, in an
effort to find a way of communicating with the
subterranean forces; that the entity could have
been termed insane to some degree, but was not
acting alone in his efforts. That the intention
basically was to make contact with certain entities
in that area, to help negotiate some kind of settle-
ment or peace; and also, if this failed, to see what
could be done in bringing about an alliance with
Scotland and Ireland to get these countries to turn
against England.

(FOLLOW-UP QUESTION):
The entity, then, did not expect to be captured
when he parachuted down?

COSMIC AWARENESS:
This Awareness indicates this as negative; the
entity intended to land closer to an area which he
felt would be safe enough whereby he could contact
associates.

ED’s Note: For more information on the Inner Earth,
please refer to ‘Revelations of Awareness’ Issues No.
79-1 (The Gathering Storm); $4.00; 79-25 (The Secret
of the UFOs); $4.00; 83-18 (Serpent People and Bigfoot);
$3.00; 85-15 (The Dark Side of the Moon); $3.00; 86-1
(Some Mysteries of the Pyramids Explained; the
Incredible Cities of Inner Earth etc.): $3.00 from CAC.

***

Rudolf Hess, former deputy of Adolph Hitler,
passes the time in Spandau Prison watching
“Dallas,” “Dynasty” and reading “War and Peace.”
The Bild newspaper published a four-page report
yesterday on Hess, 92, the sole inmate at the West
Berlin prison for Nazi war criminals.
Hess said that in his nearly 40 years in Spandau,
Hess has read almost every book in the prison library
and returns to his favorite, Tolstoy’s “War and
Peace.”
He is allowed to keep a diary, but historians
never will see it.” Bild said. “As soon as he has filled
three volumes, they are taken from him and burned.”

Seattle Post Intelligencer
August 25, 1986

The Hollow Earth

Congress voted against it, but in the
movies there is “A Journey to the
Center of the Earth”

would sail over a curved rim and down
the inner side of the planet. There, they
would find a “warm and rich land,
stocked with thirsty vegetables and ani-
mals, if not men...” In 1818 Symmes
mailed a brochure to American and
European scientists, requesting support.
He included a medical report that con-
firmed his sanity. No response came, so
Symmes contacted his Congressman,
Richard Johnson. When Symmes died in
1829, he had not seen his theory proved
or disproved.
By the 1920s, many aerial expeditions
had flown over the poles without sight-
ing Symmes’ openings to the world
within. Geologists have since learned
that beneath the earth’s 37-mile granite
crust there are indeed concentric
spheres—of solid rock and iron. And at
the very center is a hot core of molten
iron and nickel.
THE LIGHT AND THE DARK ILLUMINATI
HOW THEY GOT STARTED

QUESTION:
There's a book published recently called Life Forces: A Contemporary Guide to the Cult and Occult, by Lewis Stuart, and there's a rather brief section on the order of the Illuminati, and I'd like to read this to Awareness and ask if it verifies this information, or if it would give further comments.

"Thousands of years ago, when human life was beginning to take its present form, in the days of Lemuria the flame of intelligence, such as we know it now, was set burning in the human brain. The space gods planned this experiment carefully. They implanted the flame only in the minds of those who were biologically-genetically programmed to receive it properly. They thus developed a separate race, as it were, within the human race. These super-humans were able to communicate readily with the space gods and receive their instructions. Compared to the ordinary run of humanity, the super-humans were gods and heroes, and so they are remembered today. The ancient Greeks preserved tales of heroes who had wings, or who mounted on winged steeds to fly off over the highest mountains. These myths developed because of the human inability to comprehend what was happening when large flaming machines descended from the sky.

"The super-humans of Lemuria were the founders of the order of the Illuminati. It was recognized by the space gods that day-to-day monitoring of the activities on earth could best be done on the planet itself. They therefore set up monitoring stations, at which their officials, the priests and kings, could regularly report to them and receive instructions. This incidentally, was how the custom of crowning the kings and queens originated. The first human rulers wore elaborate head-dresses through which they received their instructions from above. This also was the origin of the custom of having an inner chamber within the temples into which only the high priest could enter. It was inside the holies of holies that the transmitting and receiving equipment must have been kept.

"Moses was in communication with the space gods as his forefather, Abraham, had been. Jesus also was in communication with them, having contacted them in the wilderness, and been taken to Egypt among the hermetic priests. The hermetic priests of Egypt were long the guardians of the sacred truths and relics of the order of the Illuminati. They understood the mysteries of the pyramids and of the stars in the heavens. Those in the inner circles of initiation were regularly received up in the space ships and flown to other planets and space stations, and given some acquaintance with the physical realities of the wider cosmos.

The article goes on, but the last paragraph reads:
"Could it be that the fate that befell Atlantis and Lemuria is also about to befall us? If the warnings of the prophets of coming doom are true, as they were true in the ancient cases, then perhaps we should consider leaving the earth on space ships to start life elsewhere. The civilization of Lemuria was preserved by those who fled before the cataclysms, and the civilization of Atlantis also was preserved only by those who left before the deluge and went to Egypt. Might not our civilization be preserved only by those who have left before the final inferno?"

COSMIC AWARENESS:

This Awareness indicates that this article or section of this book as referring to that which this Awareness has called the Light Illuminati. The Dark Illuminati as that which began approximately 60,000 years ago in Atlantis, and more recently, approximately 6,000 years ago; that the more recent expression of this Dark Illuminati as that which began with Adam Weishaupt and his Bavarian Illuminati, this as being in May of 1776. That the Light Illuminati as that which may be equated to the original religious expressions upon this planet.

This Awareness indicates this as not original so much as an earlier universal religious expression; this coming from approximately 250,000 years ago. That even before that time, there were civilizations within the earth's center and upon its surfaces, and there were wars and conflicts among these civilizations and there were entities who came and left this planet in spacecraft, this dating back to over a million years ago.

This Awareness indicates that there were the Atlans, and the Titans, and there were the Cyclops and others who predated the Lemurian epoch. That the Els, or Elder Race, were some of the earliest of these, and their records and their remains as passed down from civilization to civilization, have contributed to the following civilizations that embraced and modified these teachings of the Els or Elder Race.

This Awareness indicates that the Illuminati referred to by this book as that which embraced many of the teachings of the Els, and which were used predominately in the Lemurian civilization after approximately 250,000 BC; that these writings and laws and principles were spread throughout the earth as an early framework or foundation from which many of the more recent civilizations received their foundation. That basically and in general, the article as being accurate; the distinction must be recognized between that which is the Dark Illuminati, those forces which began to misuse the power; and the Light Illuminati, those forces which were intending to enlighten the masses.
HOW THE ILLUMINATI INHABITS HUMANS

FOLLOW-UP QUESTION:
In this book there was a part where it said that the Illuminati can inhabit certain humans at will, and they select certain human forms in which to manifest themselves, such as Benjamin Franklin, George Washington, Thomas Jefferson and so forth. Would Awareness comment on this part?

COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative; that this may be also likened unto an entity which reaches a state of consciousness which may be called an initiate; whereby the entity, in becoming an initiate opens himself to be used by Higher Forces. That these Light Forces which this entity refers to as the Illuminati, can often inhabit an entity’s consciousness, to use the entity, as it the Dark Forces can often inhabit an entity’s consciousness and use that entity. It depends upon whether an entity is open to being used by Forces of Light or to be used by Forces of Darkness.

ARE ALL MASONs ILLUMINATI?

FOLLOW-UP QUESTION:
There is also a section in the book where the comment is made: “Not all Masons are Illuminati, not even all 33rd degree Masons are Illuminati; but all Illuminati are 33 degree Masons.” Would Awareness please comment on that statement.

COSMIC AWARENESS:

This Awareness indicates that this appears to be based on an interpretation of this entity, rather than on what this Awareness would consider as reality. That the entity is interpreting Illuminati to be that which is enlightened and which as a particular way of ordering its expression. That this use of the term Mason and Illuminati, creates the appearance of a club, wherein one is a member of both of these clubs. This is not the case: that one may be a Mason without being in the club or ever having taken an oath as a card-carrying member; one may simply be a Mason of a higher order due to one’s level of consciousness and development.

There are many entities who are greater Masons than are those in the organization as card-carrying members; there are also entities who are more illumined than those who carry cards indicating they are in the Illuminati, or whose name is listed on the record book; that this area as that which creates an illusion in terms of the interpretation of these concepts. That in terms of the Dark Force, this may also be so. That there are, however, areas wherein card-carrying Masons and card-carrying Illuminati may be one and the same.

(FOLLOW-UP QUESTION):
During the last 100 years or so, would Awareness indicate whether the Masonic Order has been working for the Light Forces on this plane, or more for the Dark Forces?

COSMIC AWARENESS:

This Awareness indicates this more for the Light Forces.

DO ATLANS AND CYCLOPS EXIST ON THE ISLAND OF MALTA?

(FOLLOW-UP QUESTION):
In reference to the Atlans and the Cyclops Awareness mentioned; I recall reading something by Madame Blavatsky some time ago, perhaps in her book The Secret Doctrine, where she mentioned that she personally, during this century sometime, had visited the island of Malta (I believe it was), and gone into caves there and seen on numerous occasions giant entities, huge, very tall, moving around, often having to stoop to keep from hitting the top of the cave. She says they later sealed up these caves on Malta as tourists were getting into them and disappearing. Is there any truth to that story, and were these entities part of the Atlantis and Lemurian civilizations?

COSMIC AWARENESS:

This Awareness indicates that this as in the affirmative. That these entities associated with the foundation of the Knights of Malta, and that which is the present Illuminati, the Sovereign Saint John of Jerusalem organizations; that this associated with the Rothschild organizations and that these entities of the subterranean level are in fact alive and well in those areas; that there are others of other types also in the Middle Earth and subterranean areas; some of these entities being much smaller, legends referring to these as elves and dwarfs and as trolls and gnomes; that many of these are antagonistic to humans.

(FOLLOW-UP QUESTION):
Is the Knights of Malta organization today still in contact with these entities?

COSMIC AWARENESS:

This Awareness indicates this as in the affirmative; not necessarily in that area; that there are other openings whereby, through certain entities of the Knights of Malta, there can be communication with these.

ED’ Note:
More information on the Cyclops of Malta can be found in the book, “Isis Unveiled” (see CAC book catalog). Also, “Enigma Fantastique” by W. Gordon Allen, has some interesting info on this as well as Tesla, the Illuminati, etc. This published by Health Research Publishers, Mokelumne Hill, Calif., 95666. CAC stocks this book when it is in print and will notify you if we can find it again. Highly recommended.
Hitler’s interest in Astrology and other aspects of the occult is evident, as expressed in the following excerpt of an article on National Socialism, originally published in the magazine “Man, Myth & Magic: An Illustrated Encyclopedia of the Supernatural”, published by BPC Publishing Ltd. and Marshall Cavendish Corp., New York, N.Y.

**Astrology’s Nordic Origins**

Ibn al-Farid’s attempt to capture the astrological movement led to an immediate and unexpected squaring. The principal contender for the astrological Society in Germany, whose headquarters were at Leipzig, and the Central Astrological Office at Dusseldorf. The Leipzig group was, however, more successful. Hugo Voltz, a well-known occultist who owned the “Theosophical Publishing House”, was blackmailing this group with the threat of imprisoning him. Voltz had been making a living out of astrologers since 1910 and had a vested interest in astrological books. He quickly joined the Party and with the help of a fellow-architect, he negotiated. The Society was then known as the German National Socialist and Suetichus, the founder of the Astrological movement, was forbidden to publish his work. Instead, it was decided to have him re-write his Astrological book, “Die Astrologische Erscheinung” (1933), under the pseudonym of Dr. Heinrich Hitzler. The book was published in 1934 with the approval of the Ministry of Education and Science.

**Assassination Predicted**

During the autumn of 1938, a letter from the so-called “Chamber of Friends” was received in Berlin. The letter stated that an assassination attempt on Hitler was planned for 11th November, 1939. The letter was broadcast on the radio and was interpreted as a real threat. Hitler was under constant threat of assassination, and the government took steps to prevent any such attempt. The police were increased in numbers and the streets were patrolled by armed guards.

**Propaganda as Propaganda**

Although the actual murder attempt was thwarted by the Propaganda Ministry, the propaganda campaign continued. Dr. Goebbels, the propaganda minister, was a master of the art of propaganda. He used the mass media to spread his message, and his influence was great. The media were used to create a climate of fear and hatred, and the propaganda was used to manipulate the public into supporting the Nazi cause.

**Conclusion**

The propaganda campaign was successful, and the Nazi party gained control of Germany. The use of propaganda as a tool of political control was a new and powerful weapon in the hands of the Nazis. The propaganda campaign was successful in many respects, but it also had its limitations. The propaganda was not always successful in changing people’s minds, and it was often criticized for being manipulative and deceitful.
Tracking Convoys by Pendulum

However, even after the 'Aktion Hess', the Nazis were not yet to use astrology and other occult procedures when it suited them. There was, for instance, the organization of the 'Pendulum Institute' at Berlin during the spring of 1942. It was directed by Captain Hans Roeder, of the German navy. The British had begun to destroy an increasing number of U-boats, and it was supposed that they must be using a completely new detection technique. Roeder had proposed that the British were identifying the positions of U-boats by employing pendulum experts.

The pendulum operator, it was suggested, sat with a chart of the Atlantic, in front of him. He would then 'watch' the map with his pendulum. When the position of a German submarine had been plotted he would go to swinging in the preordained manner.

Capitain Roeder hoped to counter this by employing German naval personnel in the same way. The purpose of the Institute was to discover the correct technique so that naval pendulum operators could be trained to locate British vessels. A number of German radioactivity practitioners and some alleged 'sensitives' with no previous pendulum experience were recruited under conditions of the strictest secrecy. The raw recruits were watered down and very few of the original group were ever ready.

The assistance of the occultists was again recruited after Mussolini was arrested by the Badoglio government on 25 July 1943. Hitler had already decided that the Duce must be found and brought back to Germany. The problem was, however, that the Germans did not know where Mussolini was and when their military intelligence service failed to produce any useful information the occultists were again called in to help - not by the military but by Himmler personally.

Once again previous victims of the 'Aktion Hess' were assembled; their number included Herr Wilhelm Wolff, a Hamburg astrologer, who had spent a brief and disgraced period at the 'Pendulum Institute'. According to Walter Schellenberg, the special chief of Himmler's foreign intelligence department, a pendulum expert correctly suggested that Mussolini would be found on an island in the Adriatic.

In fact, Hitler had been taken to one of the small Ponza islands that he used. A little later he was captured and taken to mainland and a small airborne force eventually dislodged him from a mountain cave.

Himmler's major personal involvement with astrology began in 1943 when he visited, and the renowned Felix Kersten, who gave him a special device for detecting German submarines and other airships, staged Wilhelm Wolff in his direction. Herr Wolff, who had enjoyed an extensive private astrological practice at Hamburg in the old days, had already suffered at the hands of the Gestapo and had no desire to become involved with Himmler, but during 1944-5 Wolff had frequent meetings with the Reichskanzler and was still being consulted by him when the Third Reich was on the verge of defeat in April 1945. Herr Wolff's reminiscences of this period will be found in his book Zadnik and Schwemmer.

After 1945 the German astrological movement slowly revived and many of the pre-war occultists were re-energized. However, the new revelations of Nazi activities was greeted by the German 'economic miracle' after 1948, there has been an understandable diminution of interest in the stars and other occult territories.

(See also LEFT: Neo-Pagan German Occult, RIGHT: M. Thurn, Hidden Occultism.
Sri Yantra.)
HOW TO SLOW DOWN THE HEART FOR HEALTH AND RELAXATION

THE APPROACH TO SUSPENDED ANIMATION

QUESTION:
A question from K.G. in Chicago. “In one of Yoganananda’s first publications in 1924, he mentions that a key to rejuvenation is to learn to control the heart, to allow it to slow down and rest. Would Awareness please comment on this and indicate if there are any meditations to do this?”

COSMIC AWARENESS:

This Awareness suggests that this entity did in his teachings give meditations for this action; that the slowing down of the heart, under certain conditions, is that which can be beneficial to allow a restoration of the cells. That essentially, however, it is not so much the action of slowing down the heart as it is an action of filling the body with prana through the meditative techniques given, so that the entire bloodstream is filled with prana.

This Awareness suggests the meditation given by this entity for this purpose is that known as Hong-Sa meditation; that briefly, this meditation followed a basic breathing technique. This Awareness suggests that it does not intend to give this breathing technique exactly as given in the Self-Realization Fellowship founded by this entity, but rather suggests that the breathing technique as being such that the body is filled with oxygen. This Awareness has given previously a similar technique which can be used for this purpose.

This Awareness suggests that this being one wherein the entity sits on a chair flatfooted, or sits in lotus position, whereby the entity keeps the spine straight and breathes in for a count of a particular number. This Awareness has suggested the count of twelve, hold for the count of twelve, (then out for the count of twelve), and again in for the count of twelve; hold for the count of twelve, out for the count of twelve. That this continue for twelve such breaths, that thereafter the body will be charged enough with oxygen and prana that the bloodstream will be capable of relaxed breathing.

This Awareness suggests that this then can be followed by that technique, whereby the entity engages in that which the entity Yogananda referred to as the Hong-Sa meditation; that this being one wherein the entity breathes in and the entity breathes out in a relaxed and normal fashion. This Awareness does not wish to give this meditation exactly as indicated in the Self-Realization Fellowship material as this material of this organization is their own. This Awareness suggests however, that breathing in the following manner will accomplish the same effects.

This Awareness suggests that this be very relaxed wherein the space between the incoming breath and outgoing breath is that which receives the significance, the pause between breaths being that which is of uppermost importance. This Awareness suggests that this be accomplished in a manner whereby the breath-
are neutralized by the unfavorable energies and the entity is simply destined, as far as the astrological energies go, destined not to have great benefit from the transiting planets, because his or her horoscope does not allow any particular times when these energies are greatly valuable to them.

This Awareness indicates that still, on another level, entities may program their own subconscious, or program themselves to have certain manifesting qualities. That some entities have the ability through proper programming and through the belief in their ability to walk into a book store and move to a shelf and take out the book which they have need of, even without knowing ahead of time that the book was there or that they even needed to read the book, or without even knowing there was such a book. Still others have themselves programmed because they accept this programming through faith to be at the right place at the right time, and these entities may simply be travelling and suddenly find themselves in a small town where a particular person shows up who is just the right entity for their needs to supply them with the information they have sought, or to give them information which shall be of great benefit to them.

Still other entities may have themselves so programmed by their faith that even though they are not what could be termed “good looking”, are not wealthy, are not particularly healthy, and have very little going for them in terms of personality, such entities may find that because they have a particular faith in their ability that they can be quite well liked by others and receive many benefits from others, and simply expect this kind of attitude from others, even though they cannot explain why this occurs.

That likewise, some entities are capable of moving into areas of chance, and because they expect to win, have faith in themselves, and have trained their subconscious, have trained themselves to win, they believe themselves capable of picking the right answer; such entities, for some reason, do pick the right answer or the proper winning ticket and win. This Awareness indicates that generally such entities can tell you that they felt they would win, but cannot tell you why they felt they would win.

This Awareness indicates that this as an energy from a subconscious programming. This Awareness indicates that many persons, however, in recognizing chance, question whether they will win, and doubt they will win, and do not have the complete cooperation with their subconscious, and therefore their subconscious may be mischievously working against them to assure that they only win once in a great while, or never win at all, or may let them win just often enough to keep them gambling, but never enough to let them get ahead. That this generally is because of the conflict between the conscious and subconscious minds of the entity, and this can relate into many areas such as one’s self-esteem, one’s feeling of guilt or feeling that one deserves to win, their feeling that one has failed in some obligation; or
often is caused by a feeling that one seeks to take shortcuts to life, and though the entity would like to win and avoid the normal course of being productive, the subconscious may be such that it does not approve of this attitude and may simply rebel against the conscious desire to win.

This Awareness indicates that there are many factors involved in the various situations and circumstances that involve entities winning in games of chance. This Awareness does not particularly condemn or discourage gambling, but does not condone or encourage this kind of foolishness.

IS IT A VIOLATION TO USE PSYCHIC ABILITIES TO WIN AT GAMBLING?

(FOLLOW-UP QUESTION):
Awareness, there are some people who claim, or do use, certain types of psychic abilities to win at certain types of gambling, like punchboards and perhaps horse racing; that they use things like Tarot cards and crystal balls and pendulums; and I'd like to ask Awareness, is this some form of violation when using these powers; and if they should win, do they rightfully have that winning coming to them?

COSMIC AWARENESS:

This Awareness indicates that there are a great number of entities who use Tarot cards, pendulums, intuition, guesses, astrology, numbers, hunches, advice, statistics, mathematics, comparisons and logic, who still lose. There are also a number who use these systems and win. This Awareness indicates that there are still a greater number of entities who use these systems and win occasionally and lose more often, but simply may speak of the winning times and forget the times when they lost, or make excuses for the times when they lost.

This Awareness indicates that it is no particular violation for an entity to use a hunch based on the direction in which a worm crawls, as evidence of how a race may turn out, nor is it a particular violation for one to use a pendulum to determine as evidence on how a race may turn out. This Awareness indicates that none of these efforts are necessarily violations, even if they are successful.

ED's Note:
For more information on this subject, please refer to 'Revelations of Awareness' No. 84-16, (Gambling and the Cosmic Laws); $3.00 from GAC.

REVELATIONS OF AWARENESS is a cosmic newsletter, published for the membership of Cosmic Awareness Communications, & the Universal Church of Awareness. P.O. Box 115, Olympia, Washington, 98507. Membership fees and donations are deductible from your federal income taxes.

INDIVIDUAL & FAMILY MEMBERSHIP: $30 per year. CONTRIBUTING MEMBER: $55; SPONSORING MEMBER: $144; PATRON MEMBER: $1,000; ENDOWING MEMBER: $5,000.

TITHING MEMBER: One who obeys the Universal Law of Prosperity by honoring the Laws of their spiritual inspiration by giving at least 10% of their income.

ALL DONATIONS TO C.A.C. ARE USED TO SPREAD THE AWARENESS MESSAGES TO OTHERS.